

Emergency Assistance

A temporary increase to the yearly dollar limit when additional services are required. *B+ only*

Environmental Accessibility Adaptations

Physical adaptations to the home required for the person to continue living in the community.

Extended State Plan Services

Services beyond the limits of the Medicaid State Plan for occupational, physical, speech, and language therapies.

Mental Health Stabilization Services

Services to assist persons who are experiencing a mental health crisis.

Personal Care

Provision of assistance with activities of daily living. *B+, CIIBS, Core only*

Prevocational Support

Short term training and skill development to prepare an adult for employment. *B+, Core, CP only*

Residential Habilitation Services

Assistance to learn, improve or retain the social and adaptive skills necessary for living in the community. Services focus on health and safety, personal power and choice, competence and self-reliance, and positive relationships. *Core, CP only*

Respite Care

Short-term relief to individuals who live with and care for persons with developmental disabilities. *B+, CIIBS, Core only*

Skilled Nursing Services

Continuous, intermittent, or part-time nursing services. Nurse delegation services are provided by a registered nurse to train and oversee nursing assistants who perform delegated nursing tasks.

Specialized Medical Equipment and Supplies

Medically necessary equipment and supplies not available under the Medicaid State Plan.

Specialized Psychiatric Services

Psychiatric services specific to the needs of the individual with a developmental disability.

Staff/Family Consultation & Training

Professional training and consultation to families and direct service providers to better meet the needs of the person.

Supported Employment

Intensive, ongoing individual and group support to sustain employment. *B+, Core, CP only*

Transportation

Reimbursement to a provider for non-medical transportation required to access waiver services specified in the ISP.

*Additional services only available under the CIIBS waiver:*

Assistive Technology

Products and training used to improve or maintain a person’s functional abilities.

Specialized Clothing

Nonrestrictive clothing adapted to persons’ needs related to their disability.

Specialized Nutrition

The purchase of specialized foods needed to sustain the person in the family home and ongoing monitoring by a certified dietician.

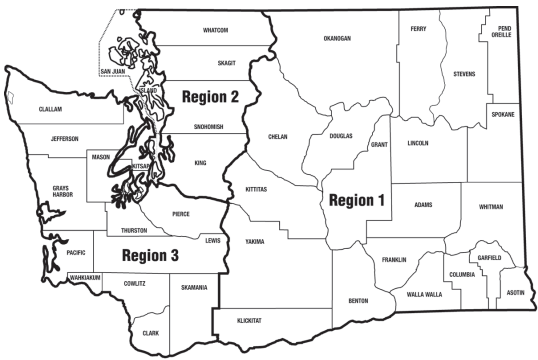
Therapeutic Equipment and Supplies

Equipment and supplies needed to implement a therapeutic or behavioral support plan.

Vehicle Modification

Adaptations to a vehicle that accommodate individualized needs and support community integration.

It is the policy of DSHS that persons shall not be discriminated against (in employment or service) because of race, color, creed, religion, national origin, sexual orientation, age, gender, presence of any sensory, mental or physical disability, use of a trained dog guide or service animal by a person with a disability, or veteran status.



Region 1 North

**1 (800) 462-0624**  
**TTY (509) 568-3038**  
1611 W. Indiana Ave.  
Spokane, WA 99205-4221  
Phone (509) 329-2900  
\*NPS (800) 319-7116

Region 1 South

**1 (800) 822-7840**  
**TTY (509) 454-4321**  
3700 Fruitvale Blvd.  
Suite 200  
Yakima, WA 98909-2500  
Phone (509) 225-4620  
\*NPS (866) 715-3646

Region 2 North

**1 (800) 788-2053**  
**TTY (360) 714-5002**  
840 N. Broadway  
Bldg. A., Suite 100  
Everett, WA 98201-1288  
Phone (425) 339-4833  
\*NPS (800) 974-4428

Region 2 South

**1 (800) 314-3296**  
**TTY (206) 720-3325**  
1700 E. Cherry St. # 200  
Seattle, WA 98122  
Phone (206) 568- 5700  
\*NPS (800) 567-5582

Region 3 North

**1 (800) 248-0949**  
**TTY (253) 572-7381**  
1305 Tacoma Ave. S.  
Suite 300  
Tacoma, WA 98402  
Phone (253) 404-5500  
\*NPS (800) 735-6740

Region 3 South

**1 (800) 339-8227**  
**TTY (360) 586-4719**  
Point Plaza East  
Bldg. 2, 3<sup>rd</sup> Floor  
6860 Capitol Blvd. SE  
Olympia, WA 98504-5315  
Phone (360) 725-4250  
\*NPS (888) 707-1202

\*DDA clients with No Paid Service

For more information,  
visit the DDA website at:  
**[www.dshs.wa.gov/ddd](http://www.dshs.wa.gov/ddd)**



Home and  
Community  
Based  
Waiver  
Services

Basic information  
regarding eligibility,  
access, and services.

## WAIVER OVERVIEW

The Home and Community Based Services (HCBS) Waiver Program began in 1981 with the intent to correct the “institutional bias” of Medicaid. Federal funding was only available to support individuals in institutions. Individuals received Medicaid supports and services in a segregated setting. Washington State’s Developmental Disabilities Administration (DDA) has designed four HCBS Waiver programs, each with specific services and limits:

**Basic Plus** supports individuals who require waiver services to meet their assessed health and welfare needs in the community. This can be provided in their own home, family home, or in an Adult Family Home or Adult Residential Center.

**Children’s Intensive In-home Behavior Support (CIIBS)** supports youth at risk due to challenging behaviors. The CIIBS model involves wraparound planning and family-centered positive behavior support.

**Core** offers residential options to individuals at immediate risk of out-of-home placement. Individuals have an identified health and welfare need for services that cannot be met by the Basic Plus Waiver.

**Community Protection** offers therapeutic residential supports for individuals who have been assessed to require 24-hour, on-site staff supervision to ensure the safety of others. Participants agree to the Community Protection guidelines.

## WAIVER ELIGIBILITY CRITERIA

- The individual is a client of DDA.
- The individual has a disability according to criteria established in the Social Security Act.
- The individual must apply for long term care services to verify income does not exceed 300% of the SSI federal benefit standard and resources do not exceed \$2,000 or be in the Health Care for Workers with Disabilities (HWD) program. In the case of a child, the parents’ income and resources are not considered. For an adult living with a spouse, the spouse’s income and resources are not considered.
- The individual needs the level of care provided in an Intermediate Care Facility for Individuals with Intellectual Disabilities (ICF/ID).
- An Individual Support Plan (ISP) shows how the individual’s health, safety and habilitation needs can be met in the community with a monthly waiver service.
- The individual has agreed to accept home and community based services.
- For CIIBS only, participants must:
  - Be age 8 through 17 for initial enrollment (served through age 20);
  - Be initially assessed at high or severe risk of out of home placement due to challenging behaviors; and
  - Live with family who agree to participate in the program.

CONTACT YOUR LOCAL DDA  
OFFICE IF YOU HAVE QUESTIONS.

## ACCESS *to the* WAIVERS

You may request to be enrolled on a waiver or a different waiver at any time. Talk with your Case Resource Manager (CRM) or fill out the online application and return it to your CRM. If you do not have a CRM, leave a message on your local No-Paid Services line listed under contacts.

Meeting criteria for the waiver does not guarantee access to waiver services. Each waiver has a limit on the number of people who can be served. DDA has the authority to limit enrollment in the waivers based on availability of funding for new waiver participants.

## ADMINISTRATIVE HEARING RIGHTS

You have the right to an administrative hearing with any of the following decisions regardless of your program or service:

- DDA eligibility is denied, terminated or DDA has unreasonably delayed acting on your application; or
- Type or amount of service you are authorized to receive; or
- Denial, reduction or termination of services; or
- Denial of your choice of service provider; or
- If you are moved to a different residential setting, not of your choice; or
- DDA refusal to abide by your request not to send notices to any other person; or
- Disenrollment from a waiver program; or
- Denial of your request to receive ICF/ID services instead of waiver services.

You have appeal rights to the denial of a waiver when:

- DDA makes a decision that the services available on your current waiver can meet your health and welfare needs and you disagree; or
- You have been assessed to not need ICF/ID level of care; or
- You have been assessed to not meet CIIBS eligibility.

## DEFINED WAIVER SERVICES

Each waiver has a specific service package. You and your CRM will plan for services based on your individually assessed health and welfare needs within the limits of your waiver. These services will be documented in your ISP. Some services require review and approval prior to inclusion in the ISP. Talk to your CRM about what information is needed for prior approval. The applicable waivers are listed after each service unless included in all programs:

### Adult Family Home (AFH)

A regular family home in which a person is licensed to provide personal care, special care, and room and board to more than one, but not more than six, adults. *B+ only*

### Adult Residential Care (Assisted Living Facility)

An assisted living facility for seven or more unrelated adults that provides assistance with activities of daily living. *B+ only*

### Behavior Health Stabilization Services

Services to assist persons who are experiencing a behavioral health crisis.

### Behavior Support and Consultation

Supports that assess and address individuals’ behavioral health needs. These include direct interventions to promote behaviors that improve quality of life and inclusion in the community.

### Community Access

Individualized support services that provide opportunities to connect you with people in your local community so that you can build relationships and friendships with others who have similar interests as you. *B+, Core only*

### Community Guide

Short term services designed to develop creative, flexible and supportive community resources for individuals. *B+, Core only*